



# Small Steps to Sustainability



- Do you feel that “Sustainability” is such a massive subject you just don’t know where to start?
- Do you want to increase your understanding and help separate the facts from the fiction?

From January 2025 we are delighted to be able to offer a series of free to access workshops exploring how we can all begin taking “Small Steps to Sustainability”

The workshops will be online, start at 11:00, last for about an hour, take place monthly and be open to all health and social care staff working at any level. Scan the QR Code above to register your interest.

**14<sup>th</sup> January** - Overview of Sustainability

**13<sup>th</sup> February** - Equality, Diversity, Inclusion and Belonging.

**13<sup>th</sup> March** - Climate Change and Greenhouse Gases

**8<sup>th</sup> April** - Conservation, Regeneration and Biodiversity

**13<sup>th</sup> May** - Circular Economy and Minimising Waste

**10<sup>th</sup> June** - Education, Development and Equitable Employment

**10<sup>th</sup> July** - Human Rights and Modern Slavery

**11<sup>th</sup> September** - Equitable Pay and Ethical Practices

**14<sup>th</sup> October** - Research Development and Entrepreneurship

**8<sup>th</sup> November** - Health and Wellbeing