



CENTRE *for*
SUSTAINABLE
HEALTHCARE
inspire • empower • transform



Burdett Trust
for Nursing

The Future of Health and Social Care Project

Frequently Asked Questions



Learn
more

Eligibility

Can I join if I live outside the UK?

Yes. Any registered nurse or midwife can join, regardless of where you are registered or where you live. Nationality, specialty, sector, and employer do not matter. Nurses and midwives working in both health and social care are very welcome.

Can student nurses or midwives attend?

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Yes. Student nurses and midwives are welcome to join *Tier 1: Sustainable Innovation for Nurses and Midwives*.

Choosing the right course

**I am a frontline nurse or midwife.
Is tier one right for me?**

Absolutely. Tier 1 was designed with frontline nurses and midwives in mind. It introduces the foundations of planetary health, healthcare sustainability, and vulnerability, and supports you to identify improvement opportunities in your day to day practice.

You will learn how to select the most impactful and feasible improvement or innovation idea, considering environmental, social, financial, and quality of care outcomes, and how to plan the first steps of a successful project.

Even if you are not currently working in a frontline role, tier 1 may still be a good fit if you want a strong foundation in sustainable healthcare and innovation.

Choosing the right course

I am a team lead or service lead. Is tier two right for me?

Tier 2: Sustainability Analysis and Quality Improvement in Nursing and Midwifery was created with team leads and specialist service leads in mind. You do not need any prior quality improvement experience. The course focuses on SusQI methodology and practical tools to help you implement a specific project idea.

This course works best if you have already identified which part of your service you want to improve

Can frontline nurses and midwives attend the tier two course?

Yes, if you have already determined a clear project focus. This might be through completing tier 1 or through your own independent work. Tier 2 also offers optional self study access to the theoretical materials from tier 1. Please note that completing these additional materials adds at least four extra hours of learning time.

Choosing the right course

Do I need to be in a board level role to attend course three

Yes. *Tier 3 Sustainable Innovation Leadership for Senior Nurses and Midwives* is restricted to board level and executive level senior nurses and midwives. When requesting a place, you will need to clearly outline your role and responsibilities so we can decide whether your application can be approved.

Can I take more than one course?

Yes. You can take all three courses if they align with your role, responsibilities, and goals. If you plan to take tiers 1 and 2, we strongly recommend completing tier 1 first, as it provides the foundation for tier 2.

Practical Details

How much time does each course take?

Tier 1 includes 8 hours of mandatory online self directed learning, plus optional additional materials, followed by a 2 hour webinar. There are also optional Sustainable Healthcare Cafés every three months, where you can get informal support and ask questions about your project.

Tier 2 includes 6 hours of online learning, plus optional Course 1 materials and carbon footprinting self-study. The live webinar is 4 hours long, with a maximum of 10 participants per facilitator to allow for individual support. Alumni are invited to Work in Progress sessions every three months for ongoing, individual project support.

Tier 3 includes around 2 hours of mandatory briefing materials delivered by email as a PDF, plus optional online learning content. The workshop lasts 2 hours, with one optional follow up session three months later.

Sustainable Healthcare Cafés and Work in Progress sessions can be attended as often as you like once you have completed the relevant course.

Practical Details

Will I receive CPD credit?

Tiers 1 and 2 can each be used for 10 hours towards NMC revalidation. International CPD points are not available.

How much does it cost to attend?

Nothing. All courses are fully funded by the Burdett Trust for Nursing until 31 December 2026. The Trust covers attendance fees of approximately £200 per registered nurse or midwife, so there is no cost to participants.