



7th June, 2017 • Birmingham City Centre (Austin Court, B1 2NP)  
£165 before 5th May, £195 after • 10 am - 4:30 pm

## Best practice in commissioning green prescriptions

**A one day training course to help professionals working in the health system to scope, design and implement a green prescription scheme in their locality.**

Local natural outdoor spaces close to where people live provide huge untapped opportunities for improving their health and wellbeing. The evidence for this is strong.

Green prescriptions are a core aspect of social prescribing (referral of patients to local non-clinical services available in the community). Increasingly clinicians are referring patients to nature-based interventions for a variety of long-term conditions. There is emerging best practice in the UK, including the widely-acclaimed Branching Out programme involving NHS Scotland.

Green prescriptions can form a core part of achieving sustainability in the health system. Many providers of outdoor spaces are seeking collaborate with healthcare and public health organisations to deliver safe, cost-effective outcomes for patients.

The course will cover:

- Models for commissioning.
- Examples of best practice.
- Identification and management of providers
- Pros and cons from the point of view of health outcomes.
- Integration into the plans of Local Authorities, NHS Trusts and sustainability plans.

The course is aimed at people working in core parts of the health system such as:

- Local authority public health and social care functions (including Health and Wellbeing Boards)
- GP surgeries and Clinical Commissioning Groups looking to innovate in care models.
- Social care providers.
- NHS Trusts keen to do more for promoting wellness and wellbeing.

The course rate includes:

- Refreshments including lunch.
- Printed and on-line versions of course materials.
- CPD certificates.

*Dr. Dan Bloomfield, is an expert on nature-based solutions to local health priorities. With support from NERC he runs a project ([www.adoseofnature.net](http://www.adoseofnature.net)) at the University of Exeter's campuses in Penryn and Truro to increase the number of 'green prescriptions' provided by GPs to patients with long-term conditions. Dan also works as a psychotherapist in private practice.*



**To reserve your place: email [info@ecosystemsknowledge.net](mailto:info@ecosystemsknowledge.net) with a sentence about your job and where you work. We'll send a booking link.** Tel. 0333 240 6990

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