

“Sustainability in mental health care will deliver better outcomes for patients now and in the future, in the face of environmental, economic and social constraints.”



As leading organisations in mental health we will strive to improve the sustainability of mental health care, by designing and delivering services that....

- 1 Prioritise prevention.** We will seek to prevent poor mental health and thereby reduce the need for health care in the future.
- 2 Empower individuals and communities.** If people become unwell, we will promote opportunities for self-management and independent living and will support community projects, social networks and employment, all of which improve mental health resilience.
- 3 Improve value.** If people need services, we will seek to offer interventions that provide the maximum patient benefit for the least economic and environmental cost by delivering the right intervention, at the right time, to the right person.
- 4 Consider carbon.** We will work together to understand the carbon impacts of interventions and models of care within mental health. This knowledge will become increasingly important in the design of carbon efficient services.

