



# UCL

## How to Drive Sustainable Healthcare: educate, engage and empower

Learn key concepts about the relationship between climate change and healthcare



**FREE online course**

**Duration 3 weeks**

**3 hours per week**

**Upgrade available**

**Facilitated session quarterly**

The health of our planet is paramount to our own health, and in recent years it has become apparent, to our very survival as a species.

Healthcare contributes between 4-5% of the global carbon footprint. We can make a difference and lead by example, encouraging others to follow. As healthcare professionals we are advocates for our patients, populations and planet. But how can we make a difference?

This UCL course will answer some of these key questions and empower you to take action and make positive changes in your workplace. The content has been carefully designed to educate, engage and, most importantly, empower you. Take that first step into making a difference sign up for the course today!

FutureLearn link to the course:

<https://www.futurelearn.com/courses/how-to-drive-sustainable-healthcare/1>

**“It is crucially important that health professionals are at the forefront of health negotiations and climate ambitions, both for mitigation and adaptation...”**

*Dr. Marina Romanello  
Executive Director*

**“We absolutely should work with industry. The majority of our carbon footprint as individuals and organisations are within the Scope 3 emissions. Therefore, there is a limit to how much we can achieve as individuals to reduce our carbon footprint in our daily lives.”**

*Professor Hugh Montgomery OBE  
Intensive Care UCLH  
Institute for Human Health and Performance*



**UK Health Alliance  
on Climate Change**

**Supported by RCOA, UK**

## Who is the course for?

This course is designed for all members of the multidisciplinary health team, including:

- \* Doctors
- \* Nurses
- \* Physiotherapists
- \* Midwives
- \* Pharmacists
- \* Dieticians
- \* Community healthcare workers
- \* Clinical associates
- \* Managers
- \* Pre-hospital teams
- \* Healthcare educators
- \* Healthcare administrators

## What will you achieve?

During this course you will:

- \* Explore the relationship between climate change and human health
- \* Learn key concepts regarding planetary health
- \* Apply principles of quality improvement, behavioural change and communication to make a difference in your workplace
- \* Engage in global discussion on sustainability matters with health professionals from around the world

Extra benefits,

Upgrade this course.

For £79 you will get:

- \* A Certificate of Achievement when you complete this course
- \* Unlimited access to the course whilst it is on FutureLearn

If you are taking this course for free access to the course is available for the 3 week duration, regardless of when you join

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