



YORKSHIRE & HUMBER

Kidney Network

SUSTAINABILITY IN RENAL CARE NEWSLETTER

PROVIDING YOU WITH INFORMATION ON WHAT RESOURCES ARE OUT THERE, ONGOING WORK ACROSS THE REGION AND NATIONALLY, AND HOW YOU CAN GET INVOLVED IN EMBEDDING A SUSTAINABLE CULTURE IN YOUR RENAL SERVICE.



CENTRE for
SUSTAINABLE
HEALTHCARE



UKKA

UK Kidney Association

UKKA & CENTRE FOR SUSTAINABLE HEALTHCARE GREEN NEPHROLOGY / SUSTAINABLE KIDNEY CARE COMMITTEE

The Centre for Sustainable Healthcare (CSH) runs the Green Nephrology programme and the UKKA runs the Sustainable Kidney Care Committee in partnership with CHS, Greener NHS, and other stakeholders. These networks bring together kidney care professionals to share case studies, deliver sustainability training, and co-design environmentally responsible care pathways.

Become a Sustainability Champion!

Why become a Kidney Centre Sustainability Champion?

- Take action to make kidney care more sustainable and have the opportunity to lead sustainable quality improvement projects and develop QI skills.

- Address inequities in healthcare and improve the quality of care delivered to patients
- Lead and influence local change
- Work with patients to improve care
- Gain opportunities for presentations, publications and awards to support your professional registration and continuous professional development (CPD).
- You also get free access to the CSH online course on Sustainability Kidney Care and other case studies and resources.

For more information and to register as a Champion visit:

<https://sustainablehealthcare.org.uk/what-we-do/our-sustainable-specialties/sustainable-kidney-care/sustainability-kidney-champion-information-pack/>

Check your champion here:

<https://skc.ukkidney.org/map/>

SUSTAINABLE KIDNEY CARE BENCHMARKING SURVEY

Led by CSH, UKKA, Greener NHS, and Health Innovation North East & North Cumbria, this project enables renal units to measure, compare, and improve their sustainability performance. Units taking part appoint a Sustainability Champion and receive tailored feedback to guide improvement

To do the survey, visit:

<https://skc.ukkidney.org/>

EMAIL US

If you would like further information on any of the above or future events, please contact sth.yhkidneynetwork@nhs.net.

TRUNC_HD

Sustainability projects ongoing across Yorkshire & the Humber

TRUNC_HD is a regional project led by KQIP in collaboration with the YHKN, supporting renal units across Yorkshire and the Humber to implement and embed sustainable practices in haemodialysis care.

Each unit has adopted initiatives designed to reduce environmental impact and promote long-term sustainability.

These included:

- Reducing the number of dialysis machine heat disinfections
- Lowering the dialysate flow rate from 800 ml/hr to 500 ml/hr
- Increasing recycling efforts within units
- Minimising food and consumable waste
- Encouraging the use of personal blankets and cups
- Utilising the ICHD carbon calculator to measure impact



TRYING TO REDUCE
UN-NECESSARY CARBON

These projects are ongoing across the region, with a focus on ensuring sustainable practices are embedded into everyday care. Units also developed posters to showcase their initiatives, with several presented at UK Kidney Week in June 2025.

To see what your unit has been up to and for more information on each project visit the TRUNC HD dashboard here:

https://education.ukkidney.org/course/trunc_hd

You may also attend the virtual regional meeting for TRUNC on the 22nd September, 3:00–4.30.

Join colleagues across the region on Teams to share updates—or simply listen in—as we continue our TRUNC_HD journey, **link below:**

Join the meeting now

Meeting ID: 387 536 693 349 3

Passcode: K89Dc9yP

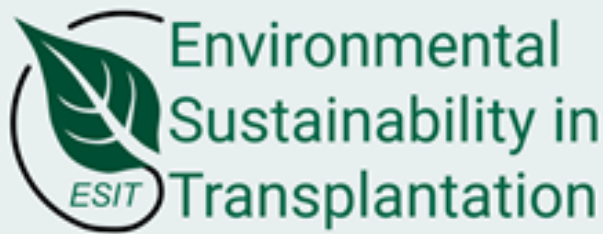
The Royal Free

The Royal Free London NHS Foundation Trust has established a dedicated Sustainability Group to support greener clinical practice.

As part of this work, the renal dietitians are focussing on reducing the routine prescription of oral nutritional supplements by prioritising the use of snacks and food-based strategies first.

In addition, the team is preparing to incorporate plant-based dietary options into the care of low-clearance patients, aligning nutritional support with both patient health outcomes and sustainability goals.

If you would like to get involved – you may contact heather.roberts11@nhs.net.



Environmental Sustainability in Transplantation (ESIT)

The NHSBT/OTDT ESIT Working Group is focused on promoting and embedding environmental sustainability across the organ donation and transplantation pathway – supporting the NHS's wider Greener agenda.

Interested in getting involved?

Anyone wishing to contribute or learn more about ESIT can reach out via email at matthew.wellberry-smith@nhs.net or esit@nhsbt.nhs.net.

The group offers training programs and free resources to support engagement. You can also explore more information and sustainability tips here and consider signing the ESIT pledge to commit to environmentally friendly practices: [ESIT pledge link](#). Please share this invitation widely with colleagues across transplant services

To support further engagement, we've included the following resources for your reference:

- More information on ESIT: [**Making transplantation green – ODT Clinical – NHS Blood and Transplant**](#)
- NHSBT Sustainability Top Tips: [**top-tips-on-making-transplantation-green-in-your-unit.pdf**](#)



@ESIT-NHSBT



ESIT@NHSBT.NHS.UK

Sign the ESIT pledge and sign up to hear more:

You could also sign the ESIT pledge, and commit yourself to changing your behaviour for the benefit of the environment.



Here is a link to the pledge if you'd like to have a look:

<https://forms.office.com/e/xQX5cJ4wGT>.

INTERNATIONAL SOCIETY FOR NEPHROLOGY



The 'GREEN-K' initiative – Global Environmental Evolution in Nephrology and Kidney Care – has a vision of “sustainable kidney care for a healthy planet and healthy kidneys” and a mission to “promote and support environmentally sustainable and resilient kidney care globally through advocacy, education, and collaboration”. As part of this work, the International Society of Nephrology (ISN) Academy will be providing learning opportunities and resources to support staff in embedding sustainable practices into their clinical work. When available, staff will be able to access these resources to develop their knowledge, share best practice, and contribute to the global movement for greener kidney care.



For more information and resources:

<https://www.theisn.org/initiatives/green-k-global-environmental-evolution-in-nephrology-and-kidney-care/#green-curriculum>

YHKN VIRTUAL TEACHING SESSIONS 'SUSTAINABILITY IN DIALYSIS' SEPT-NOV 2025

Date & Time	Session Title	Speaker(s)	Teams Meeting Link
Wednesday 10th September 14:00-14:30	TRUNC HD in Leeds	Laura Traviss & Vicky Fairclough, Haemodialysis Senior Sisters	Join the meeting now Meeting ID: 382 851 146 760 9 Passcode: 6mp26QT7
Monday 15th September 14:00-14:30	TRUNC HD in Doncaster	Laxmi Poudal, Haemodialysis Senior Sister	Join the meeting now Meeting ID: 373 172 041 562 4 Passcode: pe2YZ3KS
Tuesday 30th September 13:30-14:00	How you can make sustainable change in your unit	Dr Mark Wright, Consultant Nephrologist & YHKN Chair	Join the meeting now Meeting ID: 319 653 300 318 7 Passcode: NH6uz9GN
Friday 3rd October 14:00 – 14:30	Reducing Consumable Waste	Leeanne Lockley, KQIP Quality Improvement Programme Manager	Join the meeting now Meeting ID: 380 723 822 987 9 Passcode: jM9A349Q
Friday 10th October 14:00-14:30	Sustainable Dialysis Care in Sheffield	Dr Veena Reddy, Consultant Nephrologist	Join the meeting now Meeting ID: 332 617 088 211 1 Passcode: Ha97pF7d
Friday 14th November 14:00 – 14:30	Bring Your Own Blanket and how to start making a difference	Leeanne Lockley, KQIP Quality Improvement Programme Manager	Join the meeting now Meeting ID: 363 489 588 271 3 Passcode: 9mJ3Nt7r

Welcome to all! All sessions will be delivered via Teams - no need to book. Sessions are 30 minutes.

If you would like to receive meeting invites please contact dannii.robinson@nhs.net.
If you have any questions or ideas for future sessions, please email Heather.Roberts11@nhs.net or sth.yhkidneynetwork@nhs.net.



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