

DECEMBER/JANUARY

REFLECTIVE QUESTIONS 1

Understanding Sustainability - an Occupational Therapy perspective

FOR OCCUPATIONAL THERAPY PRACTITIONERS

- On a scale from 1 to 10, with 1="no knowledge" and 10= "fully knowledgeable", how would you rate your current knowledge of: the meaning of sustainability as it applies to the ecological systems; it's relationship to human occupational performance; and it's relationship to human health and well-being?
- What is your perception of how occupational lifestyle affects environmental sustainability? How do cultural and social contexts affect peoples ability to perform meaningful occupations sustainably?
- On a scale from 1 to 10, with 1="no skills" and 10= "highly skilled", how would you rate your skills in working with individuals and communities to help them choose healthy, sustainable occupational lifestyles?
- What skills do you need to learn at this point to help you work more successfully with individuals and communities to help them reflect about sustainability of their actions as they choose and participate in meaningful occupations?
- What skills do you need to learn that would help you work successfully with individuals and communities to help them adapt to the negative consequences of climate change using occupation-based strategies?

FOR OCCUPATIONAL THERAPY EDUCATORS

- On a scale from 1 to 10, with 1=“no knowledge” and 10= “fully knowledgeable”, how would you rate your current knowledge of the topic of:
 - Sustainability
 - The relationships among sustainability, meaningful occupational performance, and health
 - The relationships among sustainability, health, and well-being
- What could you do to improve your knowledge of the sustainability subject and it’s relationship to meaningful occupational performance, health, and well-being?
- What strategies could you use to help your students develop knowledge about sustainability and it’s relationship to meaningful occupational performance, health and well-being, and use that knowledge to develop skills necessary to work with people individually and in small communities to help them:
 - 1) think about sustainability of their actions as they choose and participate in occupations; and
 - 2) Adapt to negative consequences of climate change and ecosystem damage?

FOR OCCUPATIONAL THERAPY SCHOLARS

- To what extent have you considered including questions about sustainability as it relates to occupational performance, health, and well-being in your scholarly agenda?
- If you were to include sustainability in your scholarly agenda, how would you go about doing it?

FOR WFOT & NATIONAL ASSOCIATIONS

- What do you think may be the associations role in facilitating integration of the topic of sustainability as it relates to occupational performance, human health, and well-being in the occupational therapy profession (please, think of the specific strategies that you would use to achieve this goal)?