

## Environment, Society and Psychiatry

The RCPsych Sustainability Summit, 1st October, RCPsych, 21 Prescot Street, London, E1 8BB

### Agenda

#### 09.30 Welcome and refreshments

10.00 ***Sustainability in mental health services***

Dr Daniel Maughan, Royal College of Psychiatrists Sustainability Fellow

10.30 ***Interview with Professor Dame Sue Bailey, RCPsych President***

Interviewed by Dr Hugh Grant-Peterkin, Advanced Psychiatry Trainee

11.00 ***The mental health effects of climate change – current evidence***

Professor Helen Berry, Associate Dean Research and Professor of Psychiatric Epidemiology, Faculty of Health, University of Canberra, Australia. Via video link.

#### 11.30 Refreshments

11.45 ***The psychology of climate change denial***

Dr Judith Anderson; Consultant Psychiatrist and Psychotherapist

12.15 ***Seminar A***

#### 13.00 Lunch

14.00 ***Greencare for people with personality disorder: The growing better lives project***

Dr Rex Haigh, Consultant Medical Psychotherapist and team

14.30 ***Seminar B***

15.15 ***Tomorrow's NHS; a sustainable future***

Dr David Pencheon, Director; Sustainable Development Unit for NHS England and Public Health England

#### 16:00 Refreshments and networking

#### Seminars:

1. ***Mental health care with nature in mind: an overview of ecopsychology and its clinical application in the ecotherapies***

Dr Dan Bloomfield, Psychotherapist and NERC Knowledge Exchange Fellow in Environment and Health, University of Exeter

Dr Alan Kellas, Retired Learning Disability Consultant Psychiatrist

2. ***Sustainable action planning with your clinical team***

Rachel Stancliffe, Director of Centre for Sustainable Healthcare

3. ***Mitigating the environmental impacts of mental health services in the UK***

Dr Phil Davison, RCPsych Sustainability Lead

4. ***Occupational therapy - practicing within sustainable clinical and care models***

Ben Whittaker; COT representative and OT Susnet coordinator (*only available at 14.30*)

5. ***Sustainability of mental health staff – a mindfulness based approach***

Dr Maya Spencer, former Consultant Psychiatrist now teaching mindfulness in Somerset