



Sustainable mental health

Do you have ideas for how our team could be more sustainable? Would you like to help make it happen?

Please get in touch!

- Why do we still use paper for GP letters?
- Can online symptom monitoring reduce clinic attendances and relapse rates?

- Tele-clinics can reduce staff and patient travel
- Running a **TLC** campaign helps patients and the environment:
Turn off,
Lights out,
Close door

Team name:

Sustainability representative:

Contact details:

The Mental Health Sustainability Network (MH Susnet) is a national network for mental health professionals run by the Centre for Sustainable Healthcare. Sign up at <http://sustainablehealthcare.org.uk/mental-health-susnet>